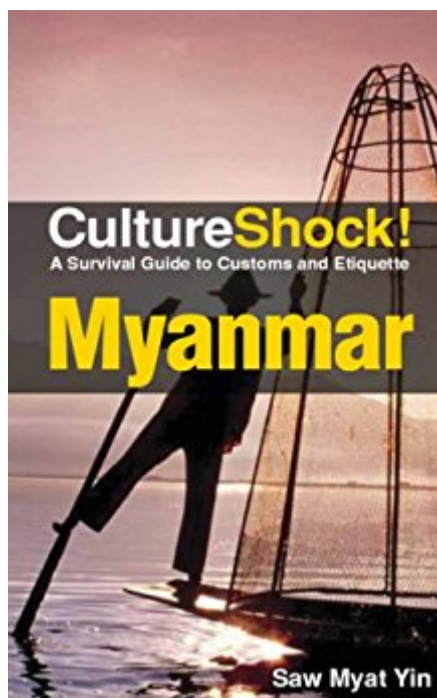


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# CultureShock! Myanmar



## Synopsis

CultureShock! Myanmar is an illuminating guide to the culture and customs of Myanmar, offering readers a peek into this often-forgotten Asian country. Even though Myanmar has relaxed its restrictions on foreign visitors, the country is still relatively isolated compared to the rapidly globalising world. Find out how the Myanmar people cope with the lack of many daily necessities that those in a developed country take for granted. Be well prepared if you have to live in Myanmar with all the advice and information you need. The author provides you with practical tips on what to bring, what to prepare and where to go. In addition, discover fascinating insights into the inner world of the Myanmar people, their culture, traditions and etiquette as well as practical tips on how to do business with the Myanmar. CultureShock! Myanmar is a must-read for anyone who wants to visit or make his home in this intriguing and exotic country

## Book Information

File Size: 11283 KB

Print Length: 328 pages

Publisher: Marshall Cavendish International (Asia) Pte Ltd; 3rd edition (January 1, 2011)

Publication Date: March 1, 2013

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B00BJH4D6K

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,143,158 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #91

inÃ Â Books > Travel > Asia > Myanmar #680 inÃ Â Kindle Store > Kindle eBooks > Nonfiction >

Travel > Asia > Southeast #1550 inÃ Â Books > Travel > Asia > Southeast

## Customer Reviews

Very interesting book of course, all the more so because, unlike other CultureShock! titles, this one is written by a local of Burma/Myanmar instead of a long-term expat. As other reviewers have pointed out, most of the information is targeted at would-be expats rather than short-term tourists.

There is a lot of valuable detail about customs and habits in a culture that appears to be very unlike Western cultures that should prove useful to anyone planning to live there. One point to mention is that, perhaps because the author is Myanmar, some of the information and advice sounds decidedly odd to Western ears. For example, the author asserts that the Master and Mistress of the house (i.e. you, the foreigner) should not fraternize too closely with the domestic help such as the maid, driver or butler (!) because this will confuse them about their station; that Myanmar women do not make 'pretensions' towards intellectual discussion on topics like politics and society; or that colds and the flu are common due to the hot climate. However, overall this is a fascinating and enlightening book and well worth picking up.

We have several new Myanmar (formerly Burma) families in our church congregation. This little book helps us to know what their cultural and ethnic background is, and ways we can assist this incredibly brave and resourceful people who left Myanmar with little else than what they wore and a hope for freedom and new life in the USA. I recommend this book to any person or group who work with Myanmar people.

Seemed a bit outdated at times, however there was a lot of good information and I'm glad I read this before going to Myanmar.

I loved this book. It's not always the easiest to read but it taught me A LOT about the culture. I am very thankful I bought it

Interesting book but not much use for the traveler just going to visit. Written for someone who is actually planning to go and live in Myanmar, then I could see it being helpful. Stick to Lonely Planet if you just want travel tips and information

Not useful at all

Knowledge + experience = wisdom. there is nothing wrong with diving into the unknown with a little help from those who know. great book

Was a great first look at the culture. It had a lot of helpful hints if you were moving there...great

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